

## VCRHYP Plan of Care Template

Youth Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Youth Care Worker helping Youth Create Plan: \_\_\_\_\_

Date: \_\_\_\_\_

VCRHYP Program:  BCP  TLP

Reason for Accessing Services: *What are you most concerned about at this moment?*

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<b>Housing Goal:</b>	
<b>What is it about me that will help me accomplish this goal:</b>	
<b>Things I can do to accomplish this goal:</b>	
<b>How will I know I am making progress:</b>	
<b>What strengths or assets am I building:</b>	

**Additional Goals:** *Refer to Appendix 1 for help*

<b>Goal:</b>	
<b>What is it about me that will help me accomplish this goal:</b>	
<b>Things I can do to accomplish this goal:</b>	
<b>How will I know I am making progress:</b>	
<b>What strengths or assets am I building:</b>	

<b>Goal:</b>	
<b>What is it about me that will help me accomplish this goal:</b>	
<b>Things I can do to accomplish this goal:</b>	
<b>How will I know I am making progress:</b>	
<b>What strengths or assets am I building:</b>	

<b>Goal:</b>	
<b>What is it about me that will help me accomplish this goal:</b>	
<b>Things I can do to accomplish this goal:</b>	
<b>How will I know I am making progress:</b>	
<b>What strengths or assets am I building:</b>	

**Potential Barriers To Your Progress** – *What do you think are potential barriers to your progress? What are your plans to manage these barriers? (Examples of barriers may include transportation problems, cognitive and/or communication impairments, substance use, etc).*

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**Strengths:** *Refer to Appendix 2 for help*

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**Support Systems:** *Who do you consider to be supportive people in your life?*



*List specific individuals here and describe in what ways these people have been resources to you? How can they be helpful to your current situation or in the future?*

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**Coordination of Care** – *Create a coordination of care plan if you are receiving services from multiple care providers. Include names and locations of other providers & services they are providing.*

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**Signatures of Plan Participants:**

Signature of Youth: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Parent (*if appropriate*): \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Agency Youth Worker: \_\_\_\_\_

Date: \_\_\_\_\_

*Diagnosis Code:* \_\_\_\_\_

Signature of Licensed Practitioner: \_\_\_\_\_

Date: \_\_\_\_\_